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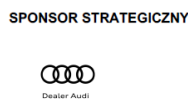
Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport
Data: 31.08.2025r.
Dystans: 1/8 IM
Miejscowość: Płock

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
1	426	Popławski Jan	Ostrowiec Świętokrzyski	Relentless Team			00:07:07	00:05:26	00:32:02	00:01:08	00:16:41	01:02:24
2	410	Lewandowski Alexander	Myślibórz	KU AZS UAM Poznań	M18	1	00:07:12	00:05:24	00:33:50	00:01:05	00:15:42	01:03:12
3	388	Duplicki Kamil	Warszawa	Beko	M40	1	00:08:14	00:05:23	00:32:59	00:01:09	00:17:09	01:04:53
4	348	Gogol Tomasz	Łomianki	SZKOŁA TRIATHLONU	M35	1	00:08:58	00:05:51	00:34:21	00:01:12	00:17:31	01:07:53
5	333	Misztela Jakub	Słupno	PTT DELTA	M18	2	00:07:03	00:05:30	00:37:00	00:01:12	00:17:14	01:07:58
6	275	Giżyński Mariusz	Warszawa	KAZIKI Giża Team	M40	2	00:09:03	00:05:36	00:37:00	00:01:24	00:15:15	01:08:17
7	313	Marciniak Piotr	Warszawa	Relentless Triathlon Team	M18	3	00:08:35	00:06:36	00:35:07	00:01:21	00:18:14	01:09:52
8	365	Grodzki Marek	Gdańsk Osowa	CTS	M50	1	00:08:26	00:06:59	00:33:52	00:01:36	00:19:09	01:10:02
9	289	Sobolewski Mateusz	Warszawa	Dawaj Kalach Team	M18	4	00:07:40	00:06:07	00:36:59	00:01:27	00:17:56	01:10:08
10	375	Mac Szczepan	Nowy Sącz	Brzyski Tri Team	M30	1	00:08:41	00:06:20	00:36:38	00:01:11	00:17:31	01:10:20
11	284	Stępień Dariusz	Trzebnica	Dawaj Kalach Team	M35	2	00:09:05	00:06:11	00:34:48	00:01:50	00:18:43	01:10:37
12	257	Gierasimiuk Grzegorz	Warszawa	TRIGGER TRIATHLON	M40	3	00:09:38	00:06:45	00:36:57	00:01:18	00:18:21	01:12:58
13	431	Usov Oleksandr	Warszawa		M35	3	00:08:25	00:06:51	00:37:37	00:01:28	00:19:04	01:13:24
14	407	Romański Maciej	Tarnowskie Góry	TriDivision Triathlon Team	M40	4	00:07:59	00:06:35	00:37:36	00:01:37	00:19:50	01:13:37
15	297	Kośła Paweł	Żyrardów		M40	5	00:09:58	00:06:35	00:37:01	00:01:25	00:19:12	01:14:10
16	346	Czajka Krystian	Żory	4TRI TEAM	M40	6	00:09:12	00:06:20	00:39:48	00:01:26	00:17:42	01:14:28
17	273	Jankowski Paweł	Legionowo	@podwyscoach	M40	7	00:07:46	00:06:35	00:38:48	00:01:28	00:19:57	01:14:34
18	424	Szuder Jan	Hornówek	Triangle Sports	M14	1	00:08:36	00:06:19	00:39:03	00:01:32	00:19:18	01:14:48
19	266	Paduszyński Piotr	Warszawa	Triathlon po czterdziestce Triathlon Team Triathlon po czterdziestce	M50	2	00:09:49	00:06:25	00:38:34	00:01:43	00:18:42	01:15:12
20	419	Syguła Kacper	Michałowice	KOLARSKI.EU TEAM	M14	2	00:09:23	00:06:29	00:39:07	00:01:20	00:19:04	01:15:23
21	353	Sztenderewicz Rafał	Włocławek	EvoTriathlon KUNA Team	M45	1	00:09:10	00:07:29	00:38:33	00:01:48	00:18:34	01:15:34
22	412	Zmijewski Szymon	Cekanowo	Dawaj Kalach Team	M18	5	00:07:38	00:06:23	00:38:41	00:01:31	00:21:27	01:15:39
23	446	Kamiński Jakub	Paśtek		M30	2	00:09:36	00:06:38	00:38:35	00:01:37	00:19:19	01:15:44
24	422	Dekierowski Stanisław	Warszawa Ursynów	Luft Tri Team	M16	1	00:08:31	00:06:38	00:39:28	00:01:48	00:19:58	01:16:22
25	229	Czapka Maksymilian	Katowice	Triathlon Training Center	M16	2	00:09:03	00:06:25	00:40:51	00:01:32	00:18:32	01:16:22
26	320	Skierkowski Karol	Mława	Twister Team	M40	8	00:08:42	00:06:58	00:37:28	00:01:35	00:21:53	01:16:35
27	364	Rosiński Jakub	Warszawa	TEAM TRENUJ	M30	3	00:10:00	00:07:09	00:38:06	00:01:27	00:20:04	01:16:45
28	414	Garbiec Tomasz	Warszawa	Parafia św. Marek Warszawa Targówek	M50	3	00:09:13	00:07:09	00:38:24	00:01:29	00:20:33	01:16:48
29	447	Nowak Sławomir	Kalisz	Zdun Triathlon Team	M50	4	00:10:12	00:06:54	00:38:20	00:01:44	00:19:50	01:16:59
30	363	Giżyński Przemysław	Płock	PTT Delta	M45	2	00:12:07	00:07:29	00:37:54	00:02:12	00:17:25	01:17:06
31	445	Groszewski Radosław	Gołdap	TRISWIMRUN GOŁDAP	M45	3	00:08:46	00:06:32	00:39:56	00:01:26	00:20:40	01:17:19
32	227	Marcinkowski Paweł	Brańszczyk		M40	9	00:08:18	00:07:38	00:36:39	00:02:26	00:22:33	01:17:34
33	359	Rachuba Julia	Ślesin	Konińska Akademia Triathlonu	K18	1	00:09:48	00:06:20	00:41:13	00:01:15	00:19:13	01:17:48
34	354	Czajkowski Bartosz	Łława	TM Iron Team	M30	4	00:09:52	00:06:45	00:39:55	00:01:35	00:19:46	01:17:53
35	222	Sobolewski Jakub	Warszawa	Bractwo Biegowe BGK BGK	M45	4	00:09:24	00:06:26	00:39:52	00:01:38	00:20:43	01:18:03
36	340	Giżyńska Anna	Warszawa	KAZIKI	K40	1	00:10:25	00:06:46	00:40:27	00:01:38	00:19:09	01:18:24
37	384	Pekrul Wojciech	Gdańsk	Sii Triathlon Team / Dawaj Kalach Team	M30	5	00:08:26	00:07:18	00:39:13	00:01:37	00:21:56	01:18:29
38	293	Rostkowski Arkadiusz	Żelazno	Najmowicz Triathlon	M30	6	00:10:16	00:07:12	00:42:26	00:01:54	00:17:01	01:18:49
39	283	Staniek Agata	Mogilno	Fabryka Sportu Agata Staniek	K25	1	00:08:41	00:06:44	00:40:30	00:01:25	00:21:35	01:18:54
40	450	Bernaciak Mateusz	Mogilno	Fabryka Sportu / IronTribe	M30	7	00:10:45	00:07:35	00:39:40	00:02:37	00:19:50	01:20:26
41	435	Rozwadowski Adam	Marki	TIMBUD TEAM	M50	5	00:09:53	00:07:24	00:39:42	00:01:59	00:21:43	01:20:41
42	413	Budziszewski Piotr	Józefów		M50	6	00:09:38	00:06:48	00:41:41	00:01:45	00:21:12	01:21:04
43	251	Masłowski Marcin	Łódź	HTF Ludwik Sikorski	M45	5	00:09:32	00:07:29	00:40:39	00:01:52	00:21:42	01:21:14
44	321	Czarnecki Filip	Myszków	PETER TRIATHLON TEAM	M25	1	00:09:32	00:08:00	00:42:19	00:01:33	00:20:05	01:21:29
45	443	Szymacha Rafał	Łódź	HTF Ludwik Sikorski	M40	10	00:09:42	00:08:37	00:40:24	00:02:07	00:21:25	01:22:15
46	236	Kulikowski Tadeusz	Gołdap		M50	7	00:10:04	00:07:55	00:40:45	00:01:35	00:21:58	01:22:16
47	282	Domańska Emilia	Warszawa	Triathletic Team	K40	2	00:09:41	00:06:17	00:43:27	00:02:00	00:20:58	01:22:22
48	396	Wysocki Michał	Warszawa	Relentless	M50	8	00:08:58	00:07:43	00:42:32	00:02:13	00:21:26	01:22:52
49	427	Zajac Ewa	Warszawa		K40	3	00:09:50	00:07:36	00:43:01	00:01:48	00:21:30	01:23:44
50	341	Umińska Dominika	Łódź	Trimasters	K30	1	00:07:56	00:07:54	00:44:12	00:01:36	00:23:14	01:24:51
51	256	Madej Maria	Białobrzegi	KAZIKI	K18	2	00:09:05	00:06:22	00:44:26	00:01:19	00:23:48	01:24:59
52	372	Bernacki Mateusz	Nowy Dwór Gdański	WANIEWSKI COACHING	M18	6	00:08:14	00:07:10	00:45:12	00:01:32	00:23:06	01:25:13
53	441	Jonczyk Michał	Warszawa		M45	6	00:12:45	00:08:38	00:40:52	00:02:17	00:20:49	01:25:20
54	385	Stępień Adam	Krobów		M14	3	00:11:02	00:07:33	00:43:58	00:01:51	00:21:06	01:25:30
55	263	Prędoła Krzysztof	Warszawa	Sport2freedom	M50	9	00:10:46	00:07:45	00:42:09	00:01:48	00:23:09	01:25:36
56	240	Kamiński Marek	Warszawa	GRUPA SSTYL	M35	4	00:09:43	00:07:25	00:44:51	00:01:42	00:21:56	01:25:37
57	259	Łapacz Adam	Legionowo	POWER TRAINING	M16	3	00:09:52	00:07:08	00:43:37	00:01:24	00:23:43	01:25:43
58	300	Dziubek Maciej	Warszawa		M35	5	00:11:22	00:07:31	00:43:17	00:02:05	00:21:42	01:25:57
59	356	Podsiadło Maciej	Warszawa		M45	7	00:12:14	00:07:54	00:44:13	00:02:15	00:19:42	01:26:17
60	298	Gietka Aleksander	Warszawa (Wilanów)		M40	11	00:09:18	00:08:47	00:44:45	00:01:45	00:21:51	01:26:25
61	415	Bocianowski Szymon	Łipków		M18	7	00:10:29	00:08:08	00:44:22	00:01:51	00:21:52	01:26:42
62	417	Pawłowski Przemek	Żychlin		M40	12	00:10:33	00:09:16	00:42:21	00:01:58	00:22:44	01:26:52
63	399	Paćkowski Jakub	Płock	GVC	M30	8	00:09:13	00:08:34	00:44:59	00:01:37	00:23:06	01:27:28
64	389	Borys Grzegorz	Warszawa (Ursynów)		M45	8	00:08:48	00:08:28	00:45:04	00:02:34	00:23:17	01:28:11

Pływanie: 1x0,475km
Jazda rowerem: 1x22,5km
Bieg: 1x5,275km



SPONSOR TYTULARNY
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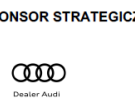
Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport
Data: 31.08.2025r.
Dystans: 1/8 IM
Miejscowość: Płock

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
65	381	Wloch Joanna	Warsaw		K40	4	00:12:36	00:07:55	00:43:24	00:02:00	00:22:25	01:28:20
66	318	Motała Zofia	Poznan	CITYZEN	K16	1	00:09:02	00:07:19	00:47:24	00:01:46	00:22:58	01:28:29
67	433	Katovich Anton	Warszawa		M25	2						01:28:32
68	383	Zalas Jerzy	Nowe Gulczewo	ODPADY-EXPERT	M50	10	00:08:20	00:08:38	00:44:30	00:01:48	00:25:22	01:28:38
69	325	Cendrowski Rafał	Ruda Bugaj		M45	9	00:12:50	00:06:54	00:45:13	00:01:20	00:22:45	01:29:01
70	357	Wnuk Mariusz	Warszawa		M30	9	00:09:17	00:08:07	00:46:26	00:01:27	00:23:50	01:29:07
71	343	Lizut Mikołaj	Warszawa	Defect Racing Team	M16	4	00:09:35	00:08:34	00:45:59	00:02:25	00:22:39	01:29:12
72	404	Lipiarz Martyna	Warszawa	Coca Cola	K30	2	00:09:36	00:09:08	00:46:41	00:02:09	00:21:43	01:29:17
73	271	Głasek Grzegorz	Warszawa		M35	6	00:12:32	00:07:57	00:42:50	00:02:25	00:23:38	01:29:21
74	421	Bartczak Mariusz	Ciechanów	PKO Bank Polski	M45	10	00:11:35	00:08:45	00:43:07	00:01:47	00:24:18	01:29:31
75	395	Rutkowska Karolina	Warszawa		K35	1	00:12:28	00:07:36	00:45:21	00:01:45	00:22:24	01:29:34
76	274	Parzelski Gerard	Radom	VENTUS Radom	M50	11	00:11:02	00:08:39	00:41:26	00:02:01	00:26:29	01:29:37
77	314	Bielecki Artur	Warszawa		M30	10	00:09:23	00:08:25	00:46:48	00:01:53	00:23:23	01:29:52
78	416	Bomba Bartek	Łomianki		M16	5	00:10:37	00:07:42	00:46:20	00:02:48	00:22:26	01:29:52
79	439	Zaborowski Michał	Warszawa	4F Kumple Warszawa 4F	M35	7	00:11:24	00:08:38	00:45:50	00:02:10	00:22:09	01:30:11
80	267	Staroń Łukasz	Warszawa	Ną Farmazą	M35	8	00:08:41	00:09:24	00:45:42	00:02:33	00:24:06	01:30:25
81	386	Wysocki Radosław	Nowa Wieś		M45	11	00:11:25	00:08:12	00:45:47	00:02:01	00:25:18	01:30:32
82	380	Piórkowska Martyna	Warszawa		K30	3	00:13:03	00:07:42	00:45:55	00:02:09	00:21:55	01:30:44
83	246	Gajewski Łukasz	Płock		M30	11	00:12:31	00:09:46	00:44:41	00:02:27	00:22:00	01:31:24
84	403	Zubrzycka Oliwia	Warszawa Ursynów		K18	3	00:09:08	00:08:47	00:45:55	00:02:10	00:25:28	01:31:27
85	258	Herzog Piotr	Pietrzykowice		M16	6	00:09:47	00:08:37	00:47:49	00:01:52	00:23:34	01:31:38
86	247	Jackowski Rafał	Skierniewice	TRINITY TRIATHLON TEAM	M50	12	00:13:34	00:07:42	00:42:27	00:02:16	00:25:49	01:31:47
87	231	Rygacki Maciej	Grodzisk Mazowiecki		M30	12	00:13:58	00:10:03	00:44:48	00:02:28	00:20:38	01:31:55
88	252	Krajewski Norbert	Bydgoszcz		M25	3	00:12:45	00:07:27	00:48:57	00:01:20	00:21:32	01:32:00
89	241	Ligęza Janek	Kraków	Smashing Papkins	M18	8	00:10:11	00:09:43	00:45:58	00:02:04	00:24:06	01:32:01
90	406	Bień Jędrzej	Częstochowa	Triathlon Training Center	M14	4	00:09:21	00:09:31	00:46:54	00:02:19	00:24:02	01:32:06
91	243	Kosuda Paweł	Ciechanów	Runners Team Ciechanów	M45	12	00:12:36	00:07:57	00:45:39	00:01:49	00:24:13	01:32:14
92	307	Hanzel Igor	Dobrzeń Wielki		M16	7	00:12:46	00:06:54	00:50:12	00:02:05	00:20:46	01:32:43
93	392	Lisiecki Tomasz	Gdynia	LKK TEAM	M55	1	00:16:08	00:08:54	00:44:42	00:02:07	00:21:09	01:32:59
94	358	Chrzanowski Szymon	Siechnice	TRICLUB	M25	4	00:11:56	00:07:07	00:48:01	00:01:26	00:24:32	01:33:02
95	402	Guzowska Anna	Olsztyn		K30	4	00:09:48	00:08:18	00:49:07	00:01:22	00:24:29	01:33:03
96	329	Rybarczyk Mateusz	Głogów		M25	5	00:12:46	00:09:29	00:45:14	00:02:58	00:22:38	01:33:05
97	351	Michalski Antoni	Okotowice	Jumi	M18	9	00:12:26	00:07:16	00:49:31	00:01:20	00:22:34	01:33:07
98	423	Dobrowolski Michał	Malcanow	PersonalTriathlon Team	M25	6	00:09:08	00:09:48	00:46:31	00:02:33	00:25:13	01:33:13
99	355	Czachorowski Kamil	Bożewo Nowe		M30	13	00:12:12	00:09:41	00:46:20	00:02:02	00:23:06	01:33:20
100	444	Wiśniewski Szymon	Toruń		M40	13	00:11:02	00:11:58	00:43:50	00:03:05	00:23:36	01:33:31
101	438	Kisiel Konrad	Warszawa		M18	10	00:10:30	00:10:37	00:51:33	00:01:33	00:19:33	01:33:46
102	242	Ziółkowski Dariusz	Warszawa		M50	13	00:11:36	00:07:45	00:48:59	00:01:30	00:23:56	01:33:46
103	387	Wysocki Łukasz	Nowa Wieś		M18	11	00:11:26	00:08:56	00:45:55	00:02:14	00:25:29	01:34:00
104	334	Stanisławska Eliza	Stawiguda		K45	1	00:12:01	00:09:27	00:46:34	00:01:51	00:24:20	01:34:12
105	233	Kuczkowski Andrzej	Żyrardów		M65	1	00:12:39	00:09:02	00:44:48	00:02:47	00:25:31	01:34:46
106	304	Woźniak Kacper	Łódź		M30	14	00:09:57	00:08:02	00:50:43	00:01:56	00:24:28	01:35:05
107	292	Pomierny Dominik	Warszawa		M45	13	00:12:15	00:10:13	00:46:06	00:02:32	00:24:22	01:35:27
108	377	Brański Piotr	Warszawa		M40	14	00:15:39	00:09:08	00:43:55	00:02:14	00:24:36	01:35:32
109	366	Leńczowski Jerzy	Krzywaczka	TRI AMO	M45	14	00:09:30	00:12:09	00:43:11	00:02:22	00:28:31	01:35:42
110	272	Lichnowski Przemysław	Płock	Sandacz'15	M30	15	00:14:39	00:09:23	00:45:31	00:01:51	00:24:19	01:35:43
111	405	Leszczyński Bartosz	Warszawa	endlesspainteam	M30	16	00:11:24	00:09:06	00:46:20	00:02:21	00:26:36	01:35:46
112	436	Jasińska Agnieszka	Warszawa		K40	5	00:15:08	00:09:06	00:44:43	00:02:34	00:24:20	01:35:51
113	291	Rzepecki Piotr	Koluszki	LKS Koluszki	M35	9	00:11:28	00:10:12	00:48:46	00:02:02	00:23:28	01:35:55
114	368	Leńczowska Anna	Krzywaczka	TRI AMO	K45	2	00:15:09	00:09:04	00:44:42	00:02:10	00:24:58	01:36:03
115	250	Fonfara Katarzyna	Warszawa - Polska		K35	2	00:12:33	00:08:05	00:48:30	00:02:05	00:24:50	01:36:03
116	369	Radecki Filip	Czarnowiec		M18	12	00:11:14	00:10:12	00:46:15	00:01:46	00:26:44	01:36:11
117	434	Ściechowski Michał	Warszawa	Team Obrotoweczka	M40	15	00:12:26	00:09:30	00:43:20	00:03:19	00:27:37	01:36:11
118	390	Dygas Jakub	Łódź		M40	16	00:10:44	00:10:04	00:51:02	00:02:33	00:21:50	01:36:12
119	269	Gawęda Jakub	Kobiór	Tygryski	M16	8	00:10:16	00:06:54	00:53:13	00:02:22	00:24:12	01:36:56
120	237	Borawski Piotr	Płock		M30	17	00:14:40	00:06:54	00:49:25	00:01:23	00:24:43	01:37:04
121	400	Bira Wiktor	Gospodarz	Bednarski Tri Team	M14	5	00:14:35	00:10:13	00:46:29	00:02:54	00:23:04	01:37:15
122	312	Kowalczyk Dawid	Częstochowa		M14	6	00:11:50	00:09:35	00:46:14	00:02:11	00:27:31	01:37:21
123	245	Ligęza Witek	Kraków	Kangurowa Szkoła / Smashing PApkins	M50	14	00:12:54	00:06:54	00:49:16	00:01:50	00:26:30	01:37:23
124	336	Wojakowski Mariusz	Warszawa	Brickognize	M30	18	00:12:22	00:09:11	00:52:09	00:01:11	00:22:35	01:37:28
125	262	Romaniuk Wojciech	Warszawa	SZKOŁA TRIATHLONU , BRITENET	M45	15						01:37:33
126	278	Gryboś Kamila	Karczew		K35	3	00:11:29	00:10:25	00:48:06	00:02:18	00:26:17	01:38:35
127	296	Trzaskowski Michał	Warszawa (Praga-Południe)	Asseco Active Team	M40	17	00:10:58	00:10:57	00:48:04	00:02:19	00:26:17	01:38:35
128	360	Miaśkiewicz Michał	Ślupno		M40	18	00:11:24	00:09:33	00:48:55	00:02:42	00:26:07	01:38:40

Pływanie: 1x 0,475km
Jazda rowerem: 1x 22,5km
Bieg: 1x5,275km



SPONSOR TYTULARNY
GARMIN®



Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport
Data: 31.08.2025r.
Dystans: 1/8 IM
Miejscowość: Płock

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
129	371	Gołuchowski Jakub	Leszczyny	OSP Leszczyny	M25	7	00:15:20	00:10:00	00:47:55	00:02:09	00:23:30	01:38:53
130	376	Bralska Katarzyna	Warszawa		K45	3	00:13:52	00:10:24	00:47:43	00:02:31	00:24:29	01:38:58
131	319	Górecki Marcin	Warszawa (Bemowo)		M30	19	00:14:03	00:09:04	00:45:40	00:02:01	00:28:22	01:39:09
132	244	Ligeża Joasia	Kraków	Smashing PApkins	K50	1	00:11:51	00:09:36	00:49:42	00:02:11	00:26:02	01:39:21
133	248	Surynt Andrzej	Elk		M50	15	00:13:21	00:10:30	00:45:21	00:03:24	00:26:48	01:39:24
134	306	Budlewska-Hilaszek Dorota	Łódź	BTT - Bednarski Tri Team	K35	4	00:14:08	00:09:28	00:49:10	00:03:14	00:23:29	01:39:29
135	339	Justyński Andrzej	Tomaszów Mazowiecki		M40	19	00:12:27	00:10:36	00:48:37	00:02:06	00:26:27	01:40:12
136	331	Mańko Marysia	Warszawa (Praga-Południe)	Trenuj z Mańko	K30	5	00:10:52	00:08:25	00:57:57	00:00:59	00:22:02	01:40:14
137	432	Marzec Artur	Lublin	Meteor	M50	16	00:13:57	00:08:47	00:49:12	00:01:46	00:26:44	01:40:25
138	277	Wolny Stanisław	Wrocław	Sii Triathlon Team Sii	M30	20	00:11:23	00:06:54	00:57:22	00:01:04	00:25:59	01:40:30
139	398	Grudzień Szymon	Warszawa		M25	8	00:14:03	00:10:08	00:51:43	00:01:54	00:23:29	01:41:17
140	367	Leńczowski Mateusz	Krzywaczka	TRI AMO	M14	7	00:09:57	00:12:14	00:45:51	00:02:36	00:30:49	01:41:27
141	303	Dreziński Franciszek	Kielce	Czmycharze	M18	13	00:12:17	00:06:54	00:51:59	00:00:48	00:29:45	01:41:42
142	401	Wolny Andrzej	Kalisz	Morsy Gołuchów	M70	1	00:12:09	00:10:28	00:48:37	00:02:30	00:28:00	01:41:44
143	322	Kubicki Paweł	Kutno		M45	16	00:11:11	00:10:37	00:48:32	00:03:14	00:28:29	01:42:02
144	317	Olejniak Izabela	Warszawa		K25	2	00:12:20	00:08:17	00:56:13	00:01:10	00:24:13	01:42:12
145	442	Żurowski Krzysztof	Toruń		M40	20	00:10:22	00:09:33	00:51:09	00:04:24	00:26:56	01:42:23
146	311	Razik Kamil	Łęczyska	Kataryniarze	M30	21	00:11:23	00:06:54	00:57:22	00:01:04	00:25:59	01:42:42
147	409	Brzozowski Jakub	Gostynin		M18	14	00:09:49	00:10:47	00:50:30	00:02:32	00:29:09	01:42:47
148	379	Kuleta Mikołaj	Zyrardów	Trinity Triathlon UNITY	M35	10	00:14:14	00:11:33	00:50:53	00:02:07	00:25:42	01:44:28
149	345	Korowaj Przemek	Chojnow		M40	21	00:14:43	00:11:19	00:53:01	00:01:36	00:23:57	01:44:35
150	378	Paduch Tomasz	Radom	SILENT-DISCO.PL	M50	17	00:11:09	00:11:54	00:52:10	00:01:39	00:27:55	01:44:47
151	327	Kłudczyński Maciej	Warszawa		M30	22	00:11:02	00:12:17	00:54:09	00:01:39	00:25:44	01:44:51
152	239	Chwiłoc Maciej	Zielonki-Wieś	Grupa Pracuj	M45	17	00:12:13	00:11:37	00:48:46	00:02:28	00:29:48	01:44:51
153	228	Zajączkowska Amelia	Warszawa		K18	4	00:11:16	00:09:11	00:54:05	00:02:08	00:28:59	01:45:39
154	265	Graczyk Roman	Warszawa		M50	18	00:11:56	00:10:23	00:54:05	00:01:14	00:32:03	01:45:56
155	362	Kantorski Zbysław	Bydgoszcz	Coca-Cola	M55	2	00:13:37	00:09:34	00:53:44	00:01:47	00:27:35	01:46:17
156	350	Jachowicz Dariusz	Gdynia	ASE Team	M60	1	00:12:06	00:10:32	00:50:35	00:03:11	00:29:55	01:46:18
157	226	Janeczko Violetta	Warszawa	Targówek	K50	2	00:12:24	00:09:04	00:55:01	00:01:49	00:28:11	01:46:28
158	323	Kacprzak Tadeusz	Konstancin-Łódzki		M70	2	00:13:48	00:06:54	00:46:47	00:01:29	00:37:47	01:46:45
159	361	Banaszczyk Arkadiusz	Ożarów Mazowiecki	IM Inspiration	M50	19	00:14:08	00:10:20	00:48:02	00:03:38	00:31:14	01:47:21
160	230	Zawadka Agnieszka	Blizne Jasińskiego		K50	3	00:15:32	00:09:37	00:52:33	00:01:59	00:28:54	01:48:35
161	302	Korzeniowski Konrad	Katowice	Czmycharze	M18	15	00:11:34	00:10:40	00:50:29	00:02:21	00:33:31	01:48:35
162	373	Woźniak Sebastian	Grudziądz		M40	22	00:12:44	00:11:42	00:47:25	00:01:56	00:35:17	01:49:04
163	238	Tomczewski Marcin	Pabianice		M50	20	00:14:08	00:12:30	00:50:17	00:01:55	00:30:29	01:49:19
164	324	Korowaj Mateusz	Warszawa		M35	11	00:15:07	00:10:06	00:54:29	00:01:08	00:29:25	01:50:14
165	290	Tomicki Rafał	Tuszyn		M40	23	00:12:39	00:10:03	00:58:17	00:01:34	00:27:50	01:50:22
166	295	Drzewiecka Romana	Poznań	Asseco Poland	K40	6	00:15:18	00:10:55	00:53:42	00:01:11	00:29:37	01:50:43
167	310	Ziarkowski Marcin	Warszawa	Kataryniarze	M30	23	00:12:08	00:11:08	00:55:01	00:01:08	00:31:42	01:51:07
168	428	Rogowska-Borys Dorota	Warszawa		K45	4	00:14:42	00:10:44	00:54:58	00:03:23	00:27:28	01:51:14
169	337	Walczak Tomasz	Kutno		M35	12	00:12:21	00:13:10	00:54:51	00:01:26	00:29:41	01:51:29
170	394	Kandybowicz Paweł	Warszawa		M35	13	00:16:16	00:06:54	00:58:36	00:02:27	00:27:56	01:52:09
171	425	Zdziechowska Paula	Radomierzycze	TRICLUB	K30	6	00:13:31	00:11:43	00:54:44	00:02:17	00:30:45	01:52:59
172	429	Jura Krzysztof	Warszawa	Polsk Norsk Consulting	M40	24	00:15:44	00:11:37	00:51:26	00:02:53	00:31:23	01:53:03
173	374	Janicka Dominika	Płock		K25	3	00:11:12	00:10:19	01:00:53	00:01:34	00:29:56	01:53:53
174	338	Kamiński Grzegorz	Płock	Małachowianka	M60	2	00:13:56	00:10:53	00:52:02	00:01:20	00:36:41	01:54:52
175	288	Kostrzewa Milena	Gdańsk		K25	4	00:18:19	00:10:29	00:58:35	00:01:04	00:28:12	01:56:39
176	393	Waltrowski Piotr	Łazy		M35	14	00:16:27	00:12:29	00:56:20	00:01:52	00:29:33	01:56:41
177	294	Kalinowski Jakub	Konstancin-Jeziorna		M35	15	00:22:09	00:10:28	00:51:50	00:02:00	00:31:07	01:57:34
178	440	Idzik Przemek	Płock	Idzik Team	M35	16	00:15:55	00:15:43			00:28:14	01:57:46
179	397	Olczykowski Dawid	Warszawa		M30	24	00:16:12	00:14:27	00:56:19	00:01:38	00:29:49	01:58:24
180	349	Guray Sinem	Warszawa	TRI WAWA	K25	5	00:08:44	00:11:01	00:55:44	00:03:51	00:39:43	01:59:02
181	301	Kępiński Henryk	Bełchatów	KB Spartakus Bełchatów	M70	3	00:12:26	00:14:02	00:54:47	00:02:02	00:36:23	01:59:39
182	281	Karlak Bartłomiej	Warszawa		M18	16	00:14:13	00:12:52	01:07:50	00:01:24	00:23:33	01:59:52
183	330	Wargocka Małgorzata	Warszawa (Praga-Południe)		K35	5	00:15:21	00:10:41	01:03:10	00:02:12	00:29:02	02:00:25
184	448	Micorek Maja	Warszawa	ParaSportowi	K18	5	00:14:43	00:10:42	01:02:09	00:02:08	00:31:46	02:01:27
185	449	Głasek Łukasz	Łomianki	ParaSportowi			00:14:43	00:10:46	01:02:05	00:02:09	00:31:45	02:01:27
186	420	Czapka Michał	Katowice		M45	18	00:17:40	00:13:03	00:53:27	00:02:40	00:35:08	02:01:57
187	437	Zakaszewski Arkadiusz	Barcin		M35	17	00:14:15	00:10:26	01:03:58	00:01:40	00:34:17	02:04:36
188	264	Dzik Karolina	Warszawa		K25	6	00:18:01	00:14:18	00:58:27	00:02:57	00:36:04	02:09:46
189	305	Plaga Wiktoria	Warszawa		K25	7	00:14:03	00:13:08	01:11:34	00:03:13	00:29:19	02:11:16
190	408	Płecha Małgorzata	Warszawa (Bemowo)		K35	6	00:17:13	00:12:02	01:12:02	00:01:53	00:30:45	02:13:54
	411	Micek Dawid	Jabłonna		M25		00:10:42	00:12:32	00:50:26	00:02:11		DNF
	391	Michalski Jerzy	Pabianice	Jumi	M45							DNF

Pływanie: 1x 0,475km
Jazda rowerem: 1x 22,5km
Bieg: 1x 5,275km



SPONSOR TYTULARNY

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GOSPODARZ



SPONSOR STRATEGICZNY



ORGANIZATOR



Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport

Data: 31.08.2025r.

Dystans: 1/8 IM

Miejscowość: Płock

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
	430	Sołtysiak Paweł	Warszawa	MOYA Running Team	M50							DNF
	260	Biały Aleksander	Wrocław	TRIATHLON CLUB WROCŁAW Triathlon Club Wrocław	M65							DNS
	261	Krakowiak Barbara	Wrocław	TRIATHLON CLUB WROCŁAW	K60							DNS
	268	Hammermeister Artur	Warszawa		M25							DNS
	276	Zaporski Marcin	Warszawa	Trimasters	M45							DNS
	279	Bajson Marcin	Karczew		M50							DNS
	280	Pociej Bohdan	Płock	PTT DELTA	M65							DNS
	286	Jazdźewski Artur	Gdańsk	I'M Inspiration Akademia Piłkarska Kowale	M45							DNS
	287	Faron Piotr	Łazy		M65							DNS
	299	Grabowski Artur	Przasnysz	Apollogic	M35							DNS
	309	Stańczak Bartosz	Strzegowo	Mamut Camp	M45							DNS
	315	Rosochacki Jan	Warszawa		M30							DNS
	316	Gdyński Tomasz	Warszawa		M40							DNS
	328	Heleut Pierre-Yves	Warszawa, Wawer	TriWawa	M50							DNS
	335	Groszewski Kamil	Olsztyn		M25							DNS
	344	Lee Dongsoo	Płock	Hyundai Engineering	M50							DNS
	347	Suchocki Łukasz	Zduńska Wola		M40							DNS
	352	Łukaszek-Zadrożna Anna	Warszawa	TRICLUB	K40							DNS
	418	Syguła Mateusz	Michałowice	KOLARSKI.EU TEAM KOLARSKI.EU TEAM	M45							DNS
	232	Krzesak Adam	Piastów	Kocham żonę	M50							DNS
	234	Butkiewicz Magdalena	Krubin		K45							DNS
	235	Noculak Miłosz	Łęka Opatowska		M25							DNS
	253	Cendlewski Emil	Płock		M25							DNS
	254	Błażejewska Zuzanna	Zgierz		K30							DNS
	255	Kozłowska Hanna	Gdańsk		K30							DNS
	221	Adrianowski Krzysiek	Dubeninki	T3 Triathlon Club Liberty AirBike	M30		00:08:00	00:04:38	00:33:48	00:01:04	00:15:24	DSQ

Pływanie: 1x 0,475km

Jazda rowerem: 1x 22,5km

Bieg: 1x 5,275km